

PRODUCT DESCRIPTION:

Dumpling with the spicy and tangy flavor of traditional Korean Kimchi and a mix of pork and vegetables

- Thin yet sturdy wrapper balances perfectly with the amount of filling
- Easy prep - pan fry, steam, or deep fry in minutes
- Less on the label: no MSG added, no artificial colors added
- Pre-cooked for food safety
- Each case comes with three bags with 2.5 lbs. of dumplings

MENU APPLICATIONS:

- Can be served in soup or as an Asian appetizer, side dish, or entrée

PREP INSTRUCTIONS:

FOR FOOD SAFETY AND QUALITY HEAT BEFORE EATING TO AN INTERNAL TEMPERATURE OF 165°F

Pan-Sear: Heat a large nonstick skillet pan over high heat then add 2oz of water to coat. Add 12-14 frozen dumplings then cover and cook for 2-3 minutes or until most water is absorbed. Reduce heat to medium, then add ½ oz of oil. Cover and let simmer for approximately 3-4 minutes or until golden brown. **Deep-Fry:** Pre-heat oil to 350°F, place 12-14 frozen dumplings into a fryer basket. Fry for 4-5 minutes or until golden brown, periodically shaking baskets during cook time to prevent dumplings from sticking together. **Steam:** Pre-heat steamer. Lightly coat a 2" full-size hotel pan with cooking oil spray. Arrange and space apart 20-24 frozen dumplings into pan without touching. Steam dumplings uncovered for 8 minutes or until cooked through. **Boil:** Add frozen dumplings into boiling water. Cover and boil over high heat 3 minutes or until dumplings float on top. Reduce heat and simmer 2 minutes. For use in soup, remove prepared dumplings and place in a bowl with broth and other desired ingredients. **Convection Oven-low fan:** Preheat oven to 350°F. Lightly coat a 2" full-size hotel pan with cooking oil spray. Arrange and space apart 20-24 frozen dumplings into pan without touching. Add 1 cup of water. Cover with foil and bake 20 minutes or until cooked through. Let stand 2 minutes before serving. Heating time may vary due to equipment variances. Refrigerate or discard any unused portion.



INGREDIENTS:

FILLING: KIMCHI (NAPA CABBAGE, CHIVES, KIMCHI SEASONING POWDER [KIMCHI FRESH, RICE POWDER, SALT, DEXTROSE, CRUSHED GARLIC, ANCHOVY SAUCE, BEEF BONE EXTRACT, CRUSHED ONION, CELLULOSE POWDER, CITRIC ACID, LACTIC ACID, RED PEPPER POWDER, OLEORESIN PAPRIKA, DISODIUM SUCCINATE, GINGER EXTRACT POWDER], RED PEPPER POWDER, SALT, CITRIC ACID), PORK, TOFU (WATER, SOYBEANS, CALCIUM SULFATE, GLUCONO DELTA-LACTONE, MAGNESIUM CHLORIDE), HYDRATED KOREAN NOODLE (WATER, KOREAN NOODLE [SWEET POTATO STARCH]), SUGAR, GARLIC, EGG WHITE POWDER, SESAME OIL, COOKING WINE (ALCOHOL, SALT, WATER), GINGER, SOY SAUCE (WATER, WHEAT, SOYBEANS, SALT, SODIUM BENZOATE: LESS THAN 1/10 OF 1% AS A PRESERVATIVE), OYSTER SAUCE (WATER, SUGAR, SALT, OYSTER EXTRACTIVES [OYSTER, WATER, SALT], MODIFIED CORN STARCH, CAMEL COLOR), YEAST EXTRACT, SALT, BLACK PEPPER. DOUGH: BLEACHED WHEAT FLOUR, WATER, WHEAT GLUTEN, CORN STARCH, SALT.

Cooking Method	Temp	Time	Instructions
Pan-Seared		5 - 7 MINUTES	Heat before serving
Deep Fry	350 °F	4 - 5 MINUTES	Heat before serving
Steam		8 MINUTES	Heat before serving
Boil		5 MINUTES	Heat before serving
Convection Oven	350 °F	20 MINUTES	Heat before serving

SHIPPING INFO / SHELF LIFE:

SHIPPING INFO:

GTIN (Case):	10760941110707
Gross Weight:	8.50
Net Weight:	7.50
Each Weight:	3.20
Cube:	0.42
Dimensions (LxWxH):	12 x 9 x 6.75
Cases/Pallet:	170
Tie:	17
High:	10
Frozen Shelf Life (days):	365
Refrigerated Shelf Life (days):	0

ALLERGENS:

Contains Eggs or its Derivatives, Wheat or its Derivatives, Soy or its Derivatives, and Fish Protein.

NUTRITION INFORMATION:

Serving Size:	4 Pieces (91g)	-
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Jason Kerr
Director Regulatory Affairs & Specification Management



Serving Size (grams):	91	-
Serving Size (weight oz):	3.2	-
Eaches/Case:	150	-
Inner Packs/Case:	3	-
Servings/Case:	38	-
Calories:	190	-
Calories From Fat:	60	-
% Calories From Fat:	33%	-
Calories From Saturated Fat:	25	-
% Calories from Saturated Fat:	11%	-
Total Fat:	7	9%
Saturated Fat:	2.5	11%
Trans Fat:	0	-
Cholesterol:	15	4%
Sodium:	450	20%
Potassium:	120	2%
Total Carbohydrate:	24	9%
Total Dietary Fiber:	2	6%
Sugars:	2	-
Added Sugars:	1	2%
Protein:	7	-
Vitamin A:	-	-
Vitamin C:	-	-
Vitamin D:	0	0%
Calcium:	40	4%
Iron:	0.6	4%
Whole Grain:	-	-

* Percent Daily Values are based on a 2,000 calorie diet.

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